

## The Creative Spirit in Assisted Living

Dear Members,

One of my favorite choices to make each year is which resident art we will feature on the cover of the Resource Guide and the program of the Awards Dinner. Our staff review member submissions of resident art and interpret and discuss which should be highlighted as an exemplar of the creativity that assisted living residents practice each day.

When visiting a community, it's interesting to check out the activities schedule posted to see what options there are that day. I sometimes consider what I might choose that day if I were a resident. Sometimes resident art is created in group settings, and other times residents practice painting and drawing on their own.

Here is the painting we selected for the 2023 Mass-ALA Resource Guide.

It was submitted by: Sy Barry, Stone Hill of Andover. Sy is a resident who teaches an art class at the community.



The Mass-ALA 2022 Awards Dinner program cover art was painted by: Frances Applebaum, Lauretide at Mashpee Commons.



Do you have a favorite resident artist to highlight in an upcoming Mass-ALA publication?

Please submit resident art to [Christina Greenberg](#).